

Points of Interest on Walk:

The town was home to the McCowan's toffee factory, established in 1922, who made both traditional toffee and also the Wham Bar.

There are two churches in the village. Near the centre of the village is Larbert East Church with its imposing tower. To the east of the village centre on the aptly named Church Street is the Stenhouse and Carron Church. This is smaller but more architecturally unique, and was designed in 1897 by the firm of John James Burnet.



Walk with Braveheart Stenhousemuir, Larbert.



For more information regarding any of our walks,
please contact Braveheart on **01324 673703**.
Or visit: www.braveheart.uk.net

Falkirk Community Hospital
Majors Loan
Falkirk FK1 5QE

The Braveheart Association is a Scottish Charitable Incorporated Organisation. Charity No. SCO 34617.



Scottish Natural Heritage
Dualchas Nàdair na h-Alba

For inspiration go to
snh.gov.uk/simplepleasures
Search for
'scottish natural heritage'
on Facebook.



Wildlife:

Instead of industry, the Carron Dams, a route on the walk, now supports a wide variety of rare plants and wildlife such as fen habitat, wetland plants and breeding birds. On various routes throughout Stenhousemuir you may also spot roe deer, and robins in the trees.



Walk Information:

Distance:

1.5 to 3 miles.

Grade:

Easy.



Risks:

Slight ascents and descents.

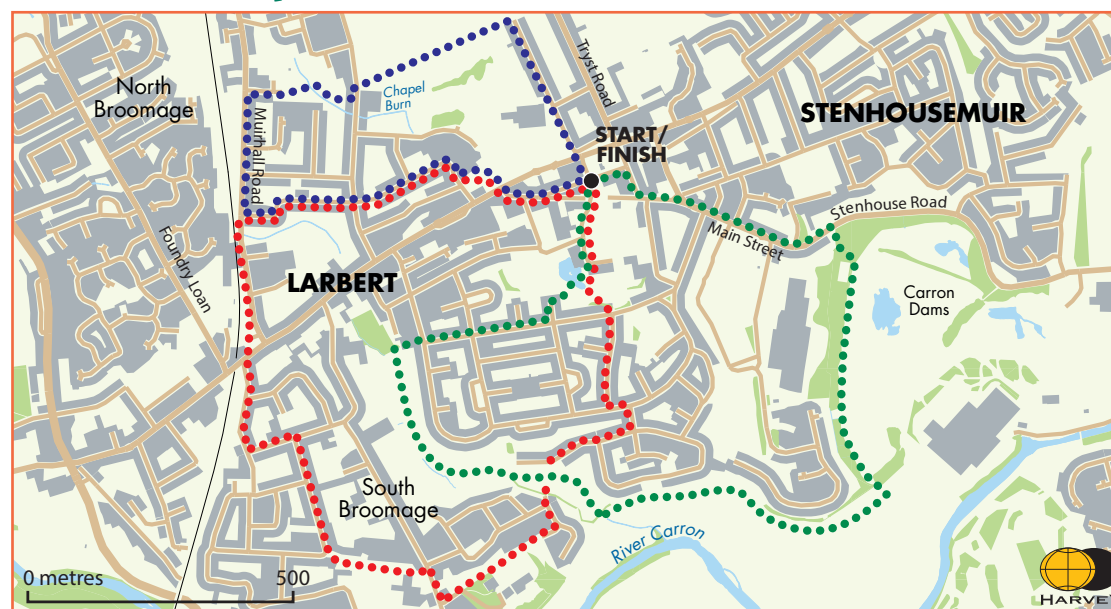
Facilities:

Toilets are located in Asda supermarket. Benches are located on various routes on this walk.

All routes have both a 1 hour or 30 minute walk option.

Short health and scenic walks in Falkirk

Stenhousemuir map 1



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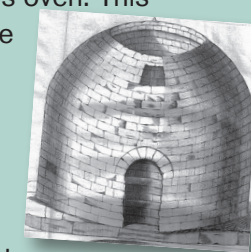
Stenhousemuir map 2



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Local Knowledge & History:

The "stone house" from which the village took its name was a Roman building on the north of the Carron River Valley known in later centuries as Arthur's O'on, or King Arthur's oven. This building fits the description of the "rotunda tabulata" described by Wace in his Roman de Brut of 1155, which may by mistranslation have given rise to the legend of the round table. It is no longer to be seen, having been demolished to rebuild a dam on the River Carron by Sir Michael Bruce of Stenhouse in 1743. The stones were swept away in a flood soon after.



Detailed drawings of the stone house had been made the 1720s and a replica was made in 1763. This survives to this day as a dovecote on the stable block roof of Penicuik House, Midlothian. The site of the original building now forms a garden for a modern house on the housing estate.