

The Braveheart Association
16th Annual General Meeting
Tuesday 27th October 2020, 2pm
Virtual AGM via Zoom

Present

John Hepburn, Carol Hepburn, Anne Marie Gillies, Charlie Colliar, Blair Alston, Robert Henderson, Jamie Bomber, Ernie Martin, Moira Martin, Gillian Reilly, Iain Currie, Nina Saunders, Lorraine Mitchell, Gordon Thomson, Maureen Hill, Elise Leifer, Om Yahia, Jenny Barclay, Anne Black, Munira Farara, Eva Finlayson, May Richmond, Maureen Forbes.

Apologies

Jacqueline Anderson, Susan Anderson, Rod Moore, Brian Robertson, Evelyn Airth, Aileen Schofield, Nahid Sabir, Donna McLean.

Introduction

Gordon Thomson (GT) opened the 16th AGM and thanked everyone for attending and for making the effort in the new format for this year.

Minutes of the previous AGM

The minutes of the previous AGM on 23rd October 2019 were agreed as an accurate record of the meeting. They were proposed by Anne Marie Gillies and seconded by John Hepburn.

Chairpersons Report

GT highlighted the following from the Chairpersons Report:

- Two new members of staff joined BHA in the 2019-2020 year.
- There has been more funding for projects than in previous years
- New projects funded in Clacks, Braveheart Connections in the Howgate Centre and Top Toes podiatry service.
- Over 700 health walks took place (2 years ago, this number was 560) so this has increased 36% in this time.
- Towards the end of the year BHA had to deal with the impact of Covid 19 and lockdown.
- BHA dealt with the challenges of delivering projects flexibly and safely.

Treasurers Report

Charlie Colliar highlighted the following from the Treasurers Report:

- BHA raised £99,362 through donations, grants and fundraising activities and expended £106,125 in the year 2019/20. The fact we spent a little more than we

received is, in part, due to the practice of claiming money from funders retrospectively.

- Most income received by BHA is restricted to be expended on activities and projects specified by the donor.
- The balance of restricted funds carried forward to next financial year is £5,235 and the Association is working on fundraising projects to build the organisation's unrestricted reserves. An important part of this strategy is the work with Top Toes, as you have heard already from Gordon.
- Unrestricted income is mainly derived from fund raising activities and donations. During 2019/20 the unrestricted balance to be carried forward to next financial year is £7,929.

Proposed Amendment to BHA Constitution

GT – BHA's main aim is to prevent unhealthy behaviours and to support people to make positive change to their lives. The Scottish Government are putting resource into behaviour change to support families and young people. BHA has the opportunity to be involved in this strategy, however, currently the constitution only supports BHA to support adults.

Therefore, we propose to change the wording of the constitution to enable BHA to support children and families.

The Objects of the Association shall be to provide a framework of active support and encouragement for adults and their families with any long term condition and those at risk of developing a long term condition and, to promote their current and future wellbeing.

GT – This needs to be agreed by a vote.

All members attending the AGM voted with a visible show of hands on their video links.

Election of Trustees

GT highlighted that all trustees were stepping down and re-standing.

The Board were re-elected by the attending members who voted with a visible show of hands on their video links.

AOB

Eva Finlayson – asked if any of the BHA members would like to join the Board?

Gordon Thomson – highlighted that new Board members are always welcome

Anne Black – an application form and induction pack is available. Contact Anne Black if interested.

Close

GT closed the AGM thanked everyone for coming and closed the AGM.

Additional Board Notes (Board Meeting 2nd November 2020)

Election of Office Bearers

- Charlie Colliar proposed that Gordon Thomson continues in the role of Chairman. Blair Alston seconded this.
- Gordon Thomson proposed that Charlie Colliar continues in the role of Treasurer. Nina Saunders seconded this.
- Gordon Thomson proposed that Nina Saunders continues in the role of Secretary. Charlie Colliar seconded this.